1 Hour Before Surgery/ Procedure

You will be asked to removes



Denture, contact lenses, jewellery, hearing aids.
These will be safely stored by a family member or nurse.

You will be given a clean hospital gown and disposable undergarments to ensure hygiene and comfort.



You will be transferred to the Operating Theatre or Endoscopy Unit by a wheelchair or trolley, accompanied by hospital staff.

Your family may accompany you to the operation theatre entrance but not inside.

We're here for you!

It's normal to feel nervous, please know that you're in good hands. Our medical team is here to support you every step of the way.
If you have question, please don't hesitate to ask.



Operating Hours:

Monday - Friday	8.30am - 5.00pm
Saturday	8.30am - 1.00pm
Sunday & Public Holiday	Closed

Do You Need More Information? Contact us :

Clinic Appointment Counter
Western Medical Block, Tung Shin Hospital
Direct Line : +603-2037 2322 / +603-2030 2656

Tung Shin Hospital
102, Jalan Pudu, 55100 Kuala Lumpur.
General Line : +603-2037 2288
Fax : +603-20700345
Email : enquiry@tungshin.com.my
Website : www.tungshin.com.my
Facebook : www.facebook.com/TungShinHosp/

REF: NUR001/V1

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TUNG SHIN HOSPITAL
since 1881

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HOSPITAL ADMISSION GUIDE FOR SURGERY OR PROCEDURE

PATIENT BROCHURE

We understand that preparing for surgery can feel overwhelming. This guide is to help you know what to expect and how to get ready –- one step at a time. If you have questions or feel unsure, our team is always ready to help.

What you need to know before your surgery / proceduce:

Admission:
You may need to be admitted one day before your scheduled surgery/ procedure. Our team will inform you if this applies.

Insurance & Costs:
Please stop by the Admission Counter to :
1. Confirm your insurance coverage
2. Get an estimated cost for your treatment.

We'll guide you through the process.

ONE DAY Before Your Surgery/Procedure

Fasting guidelines
If your surgery is before 12 Noon:
Don't eat or drink anything for at least 6-8 hours before surgery.

If your surgery is after 12 Noon:
You can have a light breakfast before 8am, no food or drinks (not even water) until after surgery.

Consent:
You will be asked to sign a consent form prior to surgery / procedure.

Extra Preparation (If Required):

Your doctor or nurse will let you know if these apply:

Bowel Preparation:
You doctor may advise extra steps to help you prepare comfortably. E.g. if your surgery involves the lower abdomen or bowel, a cleansing may be needed.

Shaving:
You may also need to shave the area near your surgery site. Don't worry our staff will guide you through this.

Personal Grooming:
Remove all nail polish, artificial nails, and jewellery (including watches) before your admission.

Medication:
Let your doctor or nurse know if you're taking any medications, especially:
- Blood thinners(e.g., Aspirin, Warfarin)

Some medications may need to be stopped a few days before surgery.



Pre Surgery Test:
Your doctor may order tests such as blood tests, ECG, X-rays, MRI, or CT scans. Please complete these tests before your surgery.

Getting Ready on the Day of Admission

Take a Shower:
Use antiseptic soap if given.
This helps reduce the risk of infection.

What to Bring:
✓ Your appointment card/ admission Form
✓ Your IC / Passport
✓ Insurance documents
✓ Investigation result (blood tests, x-rays, MRI, CT scans etc.)
What Not to Bring:
✗ Valuables
✗ Jewellery
✗ Cash (unless needed)