PRECAUTIONS TO TAKE BEFORE LASER TREATMENT



Apply broad spectrum UVA/UVB sunscreen with an SPF 30 and above 30 minutes before going outdoors. To protects your skin from UV radiation.



Apply moisturiser regularly. To maintain skin health and keep you skin supple and strong.



Integrate moisturiser and sunscreen into your skin care routine before a laser treatment to improve treatment outcomes and minimize the risk of hyperpigmentation.



Be sure to inform your healthcare provider if you have ever had cosmetic tattoos or cosmetic pigmentation or permanent makeup applied near the area of treatment.





Remove all makeup, creams or oils prior to treatment.



Avoid using harsh cleansers or irritating products such as acids, retinols and exfoliative agents 2 weeks before treatment.



No sun exposure or tanning beds for 2 weeks prior to treatment. Sun exposure increase the risk of post-treatment hyperpigmentation.

同善医院
TUNG SHIN HOSPITAL
since 1881



PRE–TREATMENT INSTRUCTION FOR LASER PROCEDURES
激光治疗前指导

PATIENT GUIDE

激光治疗前应采取的预防措施

在出门30分钟之前使用广泛光谱UVA/UVB的防晒霜SPF30及以上。保护您的皮肤免受阳光照射。

定期涂抹保湿霜，保持皮肤水分及健康，让肌肤维持水润嫩滑。

在激光治疗前使用保湿霜和防晒霜让您的皮肤做好准备，改善治疗效果及降低色素沉淀的风险。

如果您曾经在治疗区域附近纹身或化妆品色素沉着或永久化妆，请务必告知您的医疗保健提供者。因为这些会影响医疗和程序。



治疗前去除所有化妆品、乳霜或油脂。

治疗前2周避免使用刺激性洗脸霜或刺激性产品，如酸、视黄醇和去角质剂。

治疗前2周不要晒太阳或晒黑床，以避免色素沉着过度的风险。

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Your Expert Care for Skin

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